



Maiden Erlegh Chiltern Edge presents...

Pause Day

A day for years 7-9 to catch up if you've fallen a bit behind or do some off-screen 'hinterland' learning if you're up to date.

If you have a number of outstanding pieces of work due, you can do some today. Your teachers will let you know which are the priority pieces for each subject—try to do at least these to ensure you are caught up.

If you have done all your key pieces of work, please choose from the variety of options below. Take photos of what you've been doing and send them to your Head of House for House points!!

PE:

Get outside and do a walk/run/cycle at some point on the Wednesday enter your distance to see to which house can do the most miles on that day.

Fill in the google form found in your PE and House classrooms or use the following link: <https://forms.gle/3QupZspqbvW3ZB7i7>

Art:

Get involved in 'The Great British Art Exhibition'

<https://www.bbc.co.uk/news/entertainment-arts-55831841>

Drama:

Make your own 'Shadow Puppet Theatre'! Instructions can be found in the attachment. Perhaps write a short play for your Puppets and video the performance!

Religious Education:

Don't forget—Be the Light in the Darkness photo competition closes on Monday 22nd February. Get your entries in!

Francais AND Food Tech:

10th Feb is more or less halfway between *La Chandeleur* and **Mardi Gras**, how lucky that in France they get 2 pancake days!

Why not combine French and Food tech to make crepes as an away from screen activity? Try your hand at the creative food challenges. Find the recipe attached and don't forget to post your photos!

Et maintenant j'ai faim!

Geography:

Watch Planet Earth! Use the worksheet attached to help you get the most out of the episode. Don't be afraid to pause it so you can think and write, or re-wind if you missed a good bit!

Music:

Choose ANY piece of music to explore further. Use the attached powerpoint to help you fill in the 'First Impressions' sheet.

Don't forget to use musical vocabulary and try to fill in as many of these boxes you can and most importantly, don't forget to write which piece of music you listened to!

Personal and Social Education:

Have a go at some of the wonderful guided meditations

- https://www.youtube.com/watch?v=NjZKPw_zijk
- <https://www.youtube.com/watch?v=TRgVlslcSeo>
- https://www.youtube.com/watch?v=w_bmCKMrLYs

Plus, a link to Ferne Cotton's Happy Place Podcasts:

<https://www.officialfearnecotton.com/news/2018/2/26/happy-place-podcast>

History:

Explore a part of History that interests you, or that you know nothing about!

<https://www.bbc.co.uk/programmes/m000hmmf>

<https://www.bbc.co.uk/programmes/b006qykl/episodes/player>

<https://meanwhileelsewhereinhistory.wordpress.com/>

Make a poster or write a summary of your findings.

Maths:

Listen to 'A Brief History of Mathematics' podcasts for some inspiration and deeper exploration of Maths.

<https://www.bbc.co.uk/programmes/b00sr3fm>

Or for the numbers behind the news stories, go to the 'More of Less' podcast. <https://www.bbc.co.uk/programmes/p02nrss1/episodes/downloads>

Science

Make a 3D model of any of the following: A cell, An organ, An atom of any element! You can make the model out of plasticine, sew it, a cake or anything you can imagine! Don't forget to label your model and take a picture to show us!

Listen to a Science podcast about a topic you haven't studied. Prepare a poster explaining the science you have just listened to. <https://www.sciencepodcastforkids.com/> Submit to Google classroom for prizes and Golden tickets!

English:

Write the beginning of a story titled:

'The Letter.'

Our school motto:

'Qui veut, peut.'

Meaning: if you want it, you can do whatever you set your mind to!

Dance:

Get moving! I have attached 3 links below for different styles of dance, some of which teach you some moves, and others are short routines. There is a link for Hip-hop, Lyrical and Contemporary. And of course - you can always find your own dance tutorial on YouTube in the style that you wish!

Hip-hop = <https://www.youtube.com/watch?v=1WIA6Yvi8Yg>

Lyrical = <https://www.youtube.com/watch?v=KcB3bN7w56w>

Contemporary = <https://www.youtube.com/watch?v=RiG18QIHK-8>