

MAIDEN ERLEGH TRUST

SEX AND RELATIONSHIPS POLICY (SECONDARY)

STATUTORY

Local arrangements for

Maiden Erlegh Chiltern Edge School
(in annex)

INIITAL APPROVAL	2009
REVIEW FREQUENCY	Governing body free to determine.
REVIEW DATE	May 2010, May 2011, Updated 2014, May 2017, May 2018



Rationale

Maiden Erlegh Trust schools are inclusive schools and so we believe that all members of our community are of equal worth. At Maiden Erlegh Trust schools our aim is that everyone:

- is respected and respects others
- takes part in the life of the school
- achieves to their potential
- develops skills essential to life
- can exercise choice

These aims underpin this policy which is also key to promoting students' spiritual moral, social and cultural development.

The importance of sexual relationships in life is such that sex education must play a crucial part in preparing young people for their future lives as adults and parents.

We recognise the important role of family, friends, media, advertising, community support groups and previous educational experiences on the development of people's physical and mental well-being.

The Sex and Relationship (SRE) Policy has been drawn up with reference to the Sex and Relationship Education Guidance DFE 2000.

Values

SRE does not attempt to prescribe values and standards on students; the Governors believe that these come primarily from the home, but they recognise that the school will inevitably influence how students determine their values and standards and exercise their responsibilities in life.

At Maiden Erlegh Trust Schools we believe that SRE is about students understanding the importance of stable and committed relationships based on mutual respect and love, including marriage, and the importance of family life.

It is also about the teaching of sex, sexuality, and sexual health; but is not about the promotion of sexual orientation or sexual activity. As such, issues such as gender, sexual identity, special needs cultural and religious diversity will be provided for.

Delivery of SRE

All students have the opportunity to participate in a sex and relationships education programme which is delivered through the National Curriculum (Science) and through the delivery of a targeted sex education programme- tailored to each year group (either discrete lessons or focus days). See detailed curriculum section in Appendix 1.

Parents will be informed on an annual basis about the content and method of the sex education programme. Any further enquiries should be directed to the Head Teacher.

PSHE lessons will help students by preparing them for an adult life in which they can:

- develop positive values and a moral framework that will guide their decisions, judgements and behaviour
- be aware of their sexuality, and understand and respect all human sexuality



- have the confidence and self-esteem to value themselves and others and to respect individual conscience, and the skills to judge what kind of relationships they want
- understand the arguments for delaying sexual activity
- understand the consequences of their actions and how to behave responsibly within sexual and other social relationships
- communicate effectively; have sufficient information and skills to protect themselves and, where they have one, their partner from unintended/unwanted conceptions, and sexually transmitted infections including HIV
- understand the reasons for having safe sex
- avoid being exploited or exploiting others
- be aware of the dangers of social media for exploitation and sexting
- avoid being pressured into unwanted or unprotected sex
- access confidential sexual health advice, support and if necessary treatment
- know how the law applies to sexual relationships

SRE is taught by a team of committed teachers who meet regularly to review the programme and to update resources. The teaching staff concerned with the delivery of sex education empathise with the policy, have a sympathetic approach and the necessary personal skills.

It is the responsibility of teachers to:

- Plan and deliver sex and relationships education according to the school's written policy.
- Give information about appropriate health professionals or clinics to visit.
- Avoid individual advice regarding any aspect of sexual health including contraception.
- Not to guarantee complete, unconditional confidentiality.
- Follow the school's procedures in suspected cases of abuse.

The governing body, parents and students are encouraged to play a part in ensuring that SRE addresses the needs of the students and parents, as well as community health priorities. We work closely with health and other professionals to provide training for staff, access to resources and deliver bespoke sessions for students.

Right of withdrawal

Governors recognise the importance of all students' participation in SRE. Parents may, however, exercise a right of withdrawal from these lessons if the content is not part of the national curriculum (Section 405 of the Education Act 1996). This is explained to them in a letter outlining the SRE course for their child's year group.

Where parents wish to exercise their right to withdraw their child from SRE, they should inform the Headteacher in writing and provide work for their son/daughter to complete during that lesson/s.

Monitoring

Monitoring and evaluation of the programme is undertaken by the Senior Leadership Group.



Annex 1

CURRICULUM

1. Generally

Content: the school is required by law to include education about HIV and AIDS and other sexually transmitted infections. In addition the DFEE recommends that in establishing the sex education curriculum the needs and views of pupils, parents, all staff, governors, health education professionals and religious and ethnic minority groups are identified.

Terminology: biological and common terms in everyday use may be used as educationally appropriate

Family: the family will be addressed as a family unit regardless of makeup

Sexuality: tolerance and acceptance will be promoted – in line with the Equal Opportunities, Bullying and School Behavior policies

2. Outline programme of study



PSHE Curriculum Overview 2018 – 2019

Key Stage 3 & 4

KEY STAGE 3 & 4

At Key Stage 3, pupils build on the skills, attitudes, values, knowledge and understanding they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that learners are experiencing, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the skills which will equip them for the opportunities and challenges of life. Pupils are encouraged to manage diverse relationships and the increasing influence of peers and the media. PSHE education allows them to be more confident in addressing the challenges of effective learning and making a full and active contribution to society.

At Key Stage 4, pupils extend and rehearse the skills, further explore attitudes and values, and deepen knowledge and understanding acquired during Key Stage 3. PSHE education reflects the fact that learners are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. By Key Stage 4 increasing numbers of pupils may be gaining direct experience of issues taught through PSHE education.

At Maiden Erlegh Chiltern Edge the PSHE curriculum is lead through Drama which allows students to explore certain topics first hand through the medium of role play and Theatre in Education.

	7	8	9	10
<u>Term 1</u>	Transition to Secondary School & Managing Change.	Anti-Bullying	Moral Thinking	Alcohol & Drugs Awareness
<u>Term 2</u>	Friendship & Bullying	Human Rights	Democracy	Mental Health Awareness
<u>Term 3</u>	Healthy Living & Hygiene.	Emotional Well-Being	Growth Mindset	Finance Money & Financial Education
<u>Term 4</u>	British Values	Body Image and the Media	Real World	Study Skills
<u>Term 5</u>	Fairtrade	Tobacco, Alcohol & Drugs	Body Image and the Media	CV's & Personal Statements & RSE
<u>Term 6</u>	First Aid, Road Safety, Keeping Safe	KS3 Sex Education – LGBTQ Education	Preparing for KS4	



PSHE Curriculum Overview 2018 – 2019

Key Stage 3 & 4

Year 11 PSHE to be delivered within tutor time and to include the following:

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CV's & Personal Statement Study Skills & Mindfulness
Employment & Employability Skills
Careers Guidance
Revision / Intervention

