


# STUDENT AND PARENT BULLETIN

Published on 3 Sept for w/c 6 Sept **Week 1**

Monday, 6 September	
Period 1 and 2	<b>Extended Tutor Time and Assembly</b>
Period 3	<b>Normal timetable resumes for whole school</b>
Tuesday, 7 September	
Wednesday, 8 September	
	<b>Year 10 and 11 Information Evening</b>
Thursday, 9 September	
Period 1 - 3	<b>Individual School Photos for Whole School</b>
	
	<b>Year 8 and 9 Information Evening</b>
Friday, 10 September	

Please note that there are no clubs running this week

## ADVANCE NOTICE

14 Sept	Unloc workshops Year 11
15 Sept	Open Morning 9:15-10:30
16 Sept	Open Morning 9:15-10:30
21 Sept	Open Morning 9:15-10:30
23 Sept	Open Morning 9:15-10:30
23 Sept	Year 7 Information Evening
28 Sept	Open Evening 5:30-7:30 (early close for students who finish at 1:25PM)

# MENU

Week Two: 6<sup>th</sup> September, 4<sup>th</sup> October, 8<sup>th</sup> November, 6<sup>th</sup> December

## Mediterranean Mondays

Mediterranean Chicken Wrap served with Rice and Tomato & Corn Salsa Salad

Tomato Ragu Penne Pasta (gluten free option available to pre-order) served with Homemade Bread

Marinated Chicken Wings

## Traditional Tuesdays

Pork Sausage (gluten free option available to pre-order) served with Creamed Potatoes, Yorkshire Pudding & Peas

Quorn Sausages (gluten free option available to pre-order) served with creamed Potatoes, Yorkshire pudding & peas

Hot Piri Piri Chicken Baguette

## World Wednesdays

Beef Spaghetti Bolognese (gluten free option available to pre-order) served with Herby Bread & Salad

Vegetable Chilli (gluten free option available to pre-order) served with Rice & Salad

Margarita Pizza Slice (gluten free option available to pre-order)

## Food for Thought Thursday

Chicken Jalfrezi (gluten free option available to pre-order) served with Basmati Rice & Naan Bread

Vegetable Jalfrezi (gluten free option available to pre-order) served with Basmati Rice & Naan Bread

Thai Sweet Chilli Chicken Wrap

## Friday Favourites

Beef Burger in a Bun served with Chipped Potatoes & Baked Beans

Fish of the Day (gluten free option available to pre-order) served with Chipped Potatoes & Peas

Bean Burger in a Bun

Assorted Wraps & Salads

Assorted Wraps & Salads

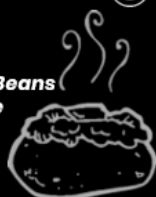
Assorted Wraps & Salads

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## Jacket Potatoes

Choose from Cheddar Cheese, Baked Beans or Tuna Mayonnaise



## Baguettes

Choose from: Cheese, Chicken, Egg Mayonnaise, Ham, Ham & Cheese or Tuna Mayonnaise



Freshly baked bread, fruit pots, yoghurts and salad boxes available daily.

**GLUTEN FREE OPTIONS AVAILABLE! STUDENTS TO PRE-ORDER AT KITCHEN DAILY BEFORE MORNING REGISTRATION.**



Please be aware that students are not to bring any products containing nuts into school, this includes chocolate spreads such as Nutella. Please check ingredients lists and keep our students safe.



Happy New School Year!

