



16 November 2021

Dear Parent/Guardian

Pastoral Day – Friday 19 November

On Friday 19 November, the normal school timetable will be replaced with a 'PSHE Day'. This will mean that students will take part in a variety of age-appropriate sessions considering different aspects of health, wellbeing and, for Year 11 students, post 16 options. The themes for the day are shown below:

Year 7	Year 8	Year 9	Year 10	Year 11
Tutor Time	Tutor Time	Tutor Time	Tutor Time	Tutor Time
Discrimination	Discrimination	Discrimination	Discrimination	Discrimination
Black History	Black History	Black History	Black History	Black History
Internet Safety	Addiction	Peer Pressure	Mental Health: Anxiety	CV's & Sectors
Social Media	Smoking & Vaping	Consent x 2 sessions	Mental Health: Rest & Sleep	Sectors & Covering Letters
Cyber-bullying	Drugs & the Law		Mental Health: Stress	Interview Preparation
Tutor Time Evaluation	Tutor Time Evaluation	Tutor Time Evaluation	Tutor Time Evaluation	Tutor Time Evaluation

Throughout the day, a number of hard-hitting topics will be covered. We feel this is important to ensure every child understands wider issues, and that, as professionals, we educate them in understanding these topics to protect them in what can now be a difficult world to grow up in.

Students will be required to wear full school uniform for this day and will need their tools for learning. They will start the day in tutor time, as usual. The day will finish with an evaluation back in tutor rooms, ready to leave school at the normal time of 3.10pm.

This day proves to be an exciting, fun filled and thought-provoking day for all. This will enable students to have a better understanding of the wider world, making them less vulnerable and more able to easily identify situations that put themselves, or others, in danger.

Should you wish to discuss any aspects of this day further, please do not hesitate to contact me on s.cheeseman@maidenerleghtrust.org.

Yours sincerely

Sarah Cheeseman
Head of Year 7 & Coordinator of PSHE