STUDENT bulletin

Monday, 17 July	
Lunchtime	Run Club, Miss Green, School Field
Lunchtime	Singing/Ukulele Club, Mrs Brown, Music Rm
Lunchtime	All Years Badminton
Lunch Time	Puzzle Pirates—Year 7 & 8, M3, Mrs Gopal
Tuesday, 18 July	
Lunchtime	Year 7 Indoor Football, Sports Hall
Lunchtime	Literature Film Society KS3, EN1, Mr Groves
Afterschool 4.15pm	Homework Club, Library Mrs Gopal
Wednesday, 19 July	
Lunchtime	Girls Indoor Football, Sports Hall (All Years)
Afterschool—4.15pm	Maths Drop in (All Years) M4
Homework Club	Library, Miss Flett
Thursday, 20 July	
Lunchtime	KS3 Homework Club, EN1, Mr Groves
Lunch Time	History Club, Miss Shepherd, HUMS 2
Lunchtime	Year 8/9 Indoor Football Club, Sports Hall
Afterschool—4:15pm	KS3 Debate Club, Mr Groves, EN1
Afterschool—up to 16:10	KS4 Art Catch up, Mr Watterson, Art Studio 1
Afterschool—4:15pm	Maths GCSE Higher Class, M1
Afterschool—4:15pm	Homework Club, Library, Miss Jackson
Friday, 21 July	**Last Day of Term 12:30 Finish**

Author of The Week

Phil Earle

Children's Award winner at the Books Are My Bag awards, 2021.

When Phil was younger, he had no desire to be a writer and, instead, wanted to be a footballer! When he realised this wasn't to be, he worked in a book shop and it was here he realised his passion for children's literature.

Phil believes that there is a story out there for every child. His own books are full of adventure, and are predominantly set in the war and include animal companions.

Phil Earle says:

If you like Emma Carroll or M.G. Leonard, you'll love these books!

Read. It doesn't matter what you read. Comics, magazines, poems, novels, it doesn't matter. Read with your eyes but with your ears too. Let others tell you stories. It's still reading if you listen... most of all, enjoy your stories. The only reason to read is for pleasure. It's that simple.

SCHOOL HEALTH NURSE
Lunchtime Drop-in
Every Friday Lunchtime

Please click here for this terms school health newsletter.

NHS

IMPORTANT Information Regarding BUSES

Boost tickets give cheaper travel for anyone aged 18 or under; also students at a number of colleges and universities, regardless of age.

Previously, as long as anyone satisfied those criteria Boost tickets could be bought without the need for ID.

However, from Wednesday 1 June 2023, we're introducing a verification process on our app to ensure only those entitled can use Boost tickets.

now start the verification process

3 Upload a selfie or head and shoulders shot from your photo library. Treat this like a passport photo - no filters, shades, hair obscuring face etc, otherwise you may be rejected.

4 Upload a photo of your chosen ID - driving licence, passport, birth certificate, valid student/ university identification card or PASS accredited card such as Citizencard.
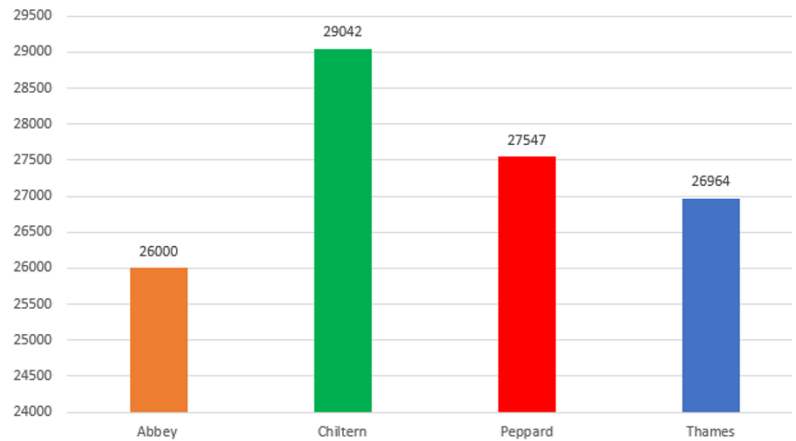
5 Submit and then wait! Verifications can take up to 48 hours but are usually done within at least 24 hours and often much quicker.

For full details please click here

MECEstars

Abbey	Riley F 7A
	Lola S 9C
Chiltern	Aistis B 7A
	Fred W 8D
Peppard	Shantae F 8B
Thames	Emma T 9C

Chart values:
- Abbey: 26000
- Chiltern: 29042
- Peppard: 27547
- Thames: 26964

MECE STARS

Reice B, accompanied his little brother to the year 6 parents evening this week and volunteered to help when we needed more chairs in the main hall, he was super polite and helpful, a credit to MECE!

Lilly-Ann K, she is very excited to learn new things, excellent classwork and a good role model to the whole class.

Shantae F, for her hard work and positive attitude for learning in all maths lessons!

Maddie E, very focused and excellent classwork in all her maths lessons!

STAR OF THE WEEK

We Are Made to Reach for the Stars

MECEstars

Zones Of Regulation

Zones of Regulation

Blue	Green	Yellow	Red
Bored Lonely Sad Tired Unwell	Calm Content Focused Happy Ready to learn	Anxious Confused Excited Frustrated Worried	Angry Aggressive Terrified I need time and space

Weekly Challenge: Complete a colour chart for your zones of regulation for the week! House Points Will Be Given

MECEmenu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable Lasagne with Garlic Bread	Jerk Chicken with Rice	Italian Beef Lasagne with Garlic Bread & Side Salad	Katsu Chicken Curry	Fish & Chip Friday
Sweetcorn	Peas	Broccoli	Carrots	Peas
Spinach & Chickpea Rogan Josh served with Rice & Naan Bread	Vegetable Chilli Taco	Roasted Vegetable Lasagne with Garlic Bread & Side Salad	Macaroni Cheese with Garlic Bread & Broccoli	Vegetable Nuggets served with Peas & Fries
Pasta Bar with Bolognaise or Tomato Sauce	Pasta Bar with Meatballs or Creamy Tomato Sauce	Pasta Bar with Carbonnara or Tomato Sauce	Pasta Bar with Bolognaise or Tomato Sauce	Roasted Vegetable Pasta Bake
Jacket Potatoes with Beans, Tuna or Bolognaise	Jacket Potatoes with Beans, Tuna or Bolognaise	Jacket Potatoes with Beans, Tuna or Bolognaise	Jacket Potatoes with Beans, Tuna or Bolognaise	Jacket Potatoes with Beans, Tuna or Bolognaise
Apple & Berry Oat Crumble served with Custard	Syrup Sponge served with Custard	Chocolate Sponge served with Chocolate Sauce	Mixed Fruit Sponge served with Custard	Cake Selection

Baguettes & Sandwiches	Daily Options	Cold Desserts
Cheese, Chicken, Egg, Ham, Ham & Cheese, Tuna Mayo or Salmon & Cream Cheese	A Selection of Salad Bowls & Plain Bread will be available Daily.	Fruit Pots, Whole Fruit, Yoghurts & Jelly available daily.

MAIDEN ERLEGH
CHILTERN EDGE

NUTS AND TRACES OF NUTS CAN BE FOUND IN MANY ITEMS INCLUDING:

WE ARE A NUT FREE SCHOOL

CHOCOLATE/ SANDWICH SPREAD, SATAY CHICKEN, CHOCOLATE BARS/BOXES, AND BISCUITS.

	Lucozade Energy Original	Boost	Tesco Blue Spark	Red Thunder	Blue Bear	Emerge	Monster Rehab	KX Energy
	380ml	250ml	250ml	250ml	250ml	250ml	500ml	250ml
	4	3	3	3	3	3	3	1
	17g	12g	12g	12g	12g	11g	11g	4g
	46mg	75mg	75mg	75mg	75mg	75mg	160mg	75mg

1 teaspoon = 4g sugar   1 cup of espresso = 80mg caffeine   Data collected

A Reminder:

No energy, sugary or fizzy drinks in school.

They are bad for your health and for your concentration in lessons.

If seen they will be confiscated.

NOTICEboard

'FESTIVAL OF NETBALL'

WHERE: Memorial Park, Sonning Common

WHEN: Monday 31st July-Friday 4th August 2023

WHO:

10:00-11:00am Age 5-11 years

11:00-12:00 noon Age 11-16 years

LED BY: Amanda from Active Leaders

COST: Free but booking **and** attendance essential
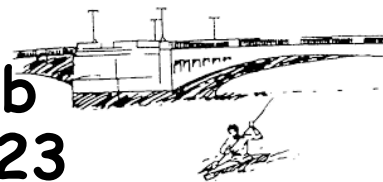
Further details coming soon...

'MULTI-SPORTS WEEK'

WHERE: Memorial Park, Sonning Common

WHEN: Monday 7th-Friday 11th August 2023

WHO:

10:00-11:00am Age 5-11 years

11:00-12:00 noon Age 11-16 years

LED BY: Amanda from Active Leaders

COST: Free but booking **and** attendance essential

Further details coming soon...

Reading Canoe Club Summer Camp's 2023

Reading Canoe Club are running Beginner and Development Summer Camps in Kayaking.

Camps are aimed at 10-16 year olds and will run in small groups, max of 10 participants to build confidence and skill.

Beginner's will be a week of fun, learning to kayak on the River Thames and exploring the different disciplines canoeing has to offer!
The cost for the 5 days, including all equipment is £100.

Camps will run on the following dates:
- 24th July to 28th July 2023
- 31st July to 4th August 2023

Camps will be 5 days (Monday – Friday) and participants can choose to come either:
- Morning Session – 10am to 12 noon

OR
- Afternoon Session 1pm to 3pm

Development will be Building and developing on from the beginners week, a further week of fun, progressing into faster racing boats.
The cost for the 4 days, including all equipment is £140.

Camps will on the following dates:
- 8th August to 11th August 2023
- 14th August to 17th August 2023

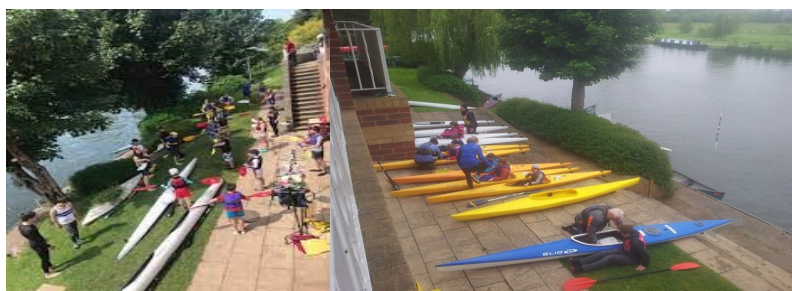Camps will be 4 days long and run 10am to 2pm

Spaces for both camp's will be allocated on a first come first serve basis.

To sign up please scan the QR code or email phoebe.rcc@gmail.com

http://reading-canoe.org.uk/

Reading Canoe Club, The Warren, Caversham, Reading, Berkshire, RG4 7TH

NOW BOOKING

OXFORDSHIRE MUSIC SCHOOL

Presents

GUITAR | BASS | DRUMS
LEARN | MEET | PLAY

Group or **One to One Lessons** for **All Ages and Abilities**

Instruments **Provided**

Regular Student **Concerts**

Multiple Locations

To book visit:

www.oxfordshiremusicschool.co.uk

Ages 8-12

SUMMER ROCKS

Exciting Music Camp for Kids in the Summer Holidays

No Experience Necessary
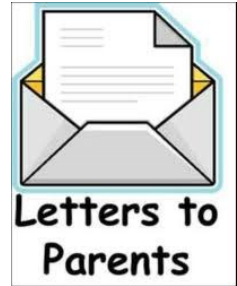
Learn an Instrument   Join a Band

Band Photoshoot   Live Concert

For tour dates head to:
www.holiday-camps.co.uk

NOTICEboard

Please Click HERE to Find Whole School Letters on our website.

Letters to Parents

Please be aware that the later school bus which departs from outside the school at 16:22 now runs on Tuesdays, Wednesdays and Thursdays only.

On Mondays and Fridays students can walk down Reades Lane towards Sonning Common and catch the 25 bus which departs at 16:25. The bus stop is located on Wood Lane opposite the junction with Reades Lane.

ENJOY A WELL EARNED SUMMER BREAK! FROM ALL AT MECE