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## A MESSAGE FROM MR HUNTER

"This term has seen students participating in athletics, rounders and a striking and fielding unit consisting of Danish longball and softball. PE staff have been impressed with the attitude and commitment from students within their lessons and have seen some great progress over the course of this term.

Also, a massive thank you to all the students who have attended an extra-curricular club or represented the school this term or throughout this academic year. It has been another extremely busy year in the PE department with 80 fixtures across 11 different sports or physical activities. Numerous sports clubs attended both at lunch and after school which has shown the passion and commitment of our students to school sport and physical activity. With this being said, we had approximately 123 students represent the school this year within the PE department, that is 32% of the student body! A massive well done to everyone who has represented the school so amazingly over the course of this academic year."

## YEAR 7 ROUNDERS

The Year 7 rounders team performed amazingly well at the recent South Oxfordshire Rounders tournament held at Gillotts School. The girls won six games and only lost one to the eventual winners, Langtree. This meant our team came 2<sup>nd</sup> overall. This is an amazing achievement from a group of girls who hadn't played any competitive rounders until this tournament so we are really looking forward to see what they can achieve over the coming years. A big shout out to Daisy for her amazing bowling and Eleanor for some super fielding. Well Done Girls!!!

## ROWING CLUB

This term we held a rowing club at MECE which ran for five weeks, it has been a great success and the coaches from Henley Rowing Club would like to come back and continue with this after the summer holidays with the aim of getting students out on to the river! For any students interested in getting into rowing outside of school please see information at the following link:

<http://www.henleyrowingclub.co.uk/junior-learn-to-row/>

Keep your eyes peeled for details of when rowing club will start again after the summer holidays.





## SOUTH OXON DISTRICT ATHLETICS

In May, we took an enthusiastic team of thirty students from years 7-9 to represent the school at Tilsley Park, Abingdon, in the South Oxfordshire District Athletics.

Yet again, the students involved represented the school impeccably and there were some amazing individual performances on the day, most notably:

- Sadie (Year 7) won the U13 Girls 1500m in an incredible time of 5 minutes 59 seconds
- Poppy Ann (year 7) got through the heats to the 100m final and finished 5th
- Brooke (Year 8) finished joint second in the high jump with a height of 1.25m
- Olivia (Year 7) finished 3rd in the long jump with a distance of 3.83m
- Charlie (Year 9) got through to the finals of the 100m after qualifying through the heats
- Lucas (Year 9) came 2nd in the high jump with a height of 1.35m
- Matthew B (Year 9) came 2nd in the javelin with a distance of 29.70m



## QUAD KIDS

Year 7 and Year 8 students represented the school at the South Oxfordshire Quad Kids Athletics competition at Gillotts this term. This event is a tough athletics competition in which all students have to compete in the 800m, 100m, long jump and howler throw. This was all done in very hot conditions so well done to all involved.

As usual our students competed amazingly well with some outstanding individual performances which led to great overall team results. In particular, our Year 7 teams - the boys coming 3<sup>rd</sup> and the girls 5<sup>th</sup> out of 11 teams which meant we finished 4<sup>th</sup> overall.



A big shout out must go to Samantha in Year 8 who stepped in at the last minute to make up the Year 8 team, she borrowed kit and left Art Club to help the team out, what a legend you are and a massive thank you.



A BIG "thank you" and "well done" to Emily (Year 10) who completed her work experience at the competition helping predominantly with field events, discus and long jump. You did a smashing job.



## MISS CHEESEMAN'S STUDENTS OF THE TERM



Finn has been a brilliant student in all aspects of school life. Finn works hard in every PE lesson, no matter what the sport. Finn has represented the school in multiple teams and is fully engaged in our extracurricular programme. Finn has

shown resilience, determination and a real teamwork attitude this year.

George is an all-round wonderful student. George has had a brilliant first year in BTEC Sport, working consistently hard over the year. George is a fantastic sportsman and has been a great addition to our school sports teams. George has a great attitude both in and out of the classroom, he is polite, hardworking and resilient. .



## MR HUNTER'S STUDENTS OF THE TERM



My KS3 student of the year is Sadie S, she has been a brilliant PE student all year and has got involved in all aspects of PE and school sport this year. She has been a star throughout the athletics season winning the 1500m at the district athletics and was also part of the amazing Year 7

rounders team this term. Well done on an amazing first year and we can't wait to see you grow and develop within the PE department over the next few years at MECE.

My KS4 student of the year is Ben W, he has worked extremely hard in BTEC Sport lessons across the year and has also got involved in all things extra-curricular. He has been part of the rugby team, taken part in the Duathlon and cross country, as well as being an excellent sports leader. He has also used his leadership out in the community helping with local sporting events which is great to see. Well done Ben and good luck for year 11.



## PRIMARY SCHOOL QUAD KIDS ATHLETICS

In May we held the primary school Quad Kids athletics here at MECE. This involved 16 of our sports leaders supporting Mr Nutt in the running of the event and the feedback we received from parents and staff of the primary schools involved was amazing, so well done all



## SPORTS DAY—WEDNESDAY 12 JULY



We held our annual sports day on the Wednesday of the penultimate week of term. As always this was a very impressive whole school event with every student in the school given the opportunity to represent their house in a track or field event. In the morning all year groups were out on the field to represent their house and compete in the 800m, 400m, 200m on the track and long jump, shot put and discus in the field events. The afternoon saw the whole school out on the field within their designated house areas to cheer on and support their fellow house colleagues in the 100m finals and 4x100m relays. We even managed to finish with the ever-popular staff race in which Mr Hunter won of course!

Well done to all the students who took part and represented their house on the day in what was a fantastic event. Please see the results below and some snaps from the day!

| Year Group | Result   |
|------------|--|
| 7          | 1 <sup>st</sup> Abbey<br>2 <sup>nd</sup> Chiltern<br>3 <sup>rd</sup> Peppard<br>4 <sup>th</sup> Thames |
| 8          | 1 <sup>st</sup> Chiltern<br>2 <sup>nd</sup> Peppard<br>3 <sup>rd</sup> Abbey<br>4 <sup>th</sup> Thames |
| 9          | 1 <sup>st</sup> Peppard<br>2 <sup>nd</sup> Abbey<br>3 <sup>rd</sup> Thames<br>4 <sup>th</sup> Chiltern |
| 10         | 1 <sup>st</sup> Chiltern<br>2 <sup>nd</sup> Peppard<br>3 <sup>rd</sup> Abbey<br>4 <sup>th</sup> Thames |
| Overall    | 1 <sup>st</sup> Chiltern<br>2 <sup>nd</sup> Peppard<br>3 <sup>rd</sup> Abbey<br>4 <sup>th</sup> Thames |



Well done Chiltern House on winning the 2022/23 Sports Day Shield!



## MECE SPORTING STARS

### RENAI, YEAR 7 – GYMNASTICS

Renai has recently trialed for the South Region Gymnastics Squad and was successful in being accepted. This means she gets to train with the South Region squad a few times a year. She competed under FIG international rules in Abingdon and was the youngest in her group.

On Vault she won gold and on beam, silver. A massive well done, Renai and good luck going forward with your gymnastics.



### INES, YEAR 7—DANCE

Ines competed in the National Ballroom & Latin Dance Championships at the Winter Gardens Ballroom in Blackpool this month.

The dancing was of a very high standard and Ines managed to reach the semi-finals both for her jive and her couples dancing in quickstep and tango.

She is hoping to work even harder this coming year and qualify for the nationals again and get onto a podium next year! A massive well done, Ines, for all your achievements so far with dance and we look forward to seeing you continue to do great things next year.



### CHARLOTTE, YEAR 10—KAYAKING

A massive well done to Charlotte who has won 4 medals in the following events at the GB sprint National Championships U16 category, racing as a 15-year-old:

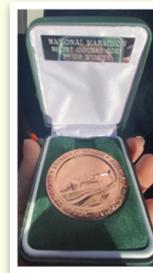
Gold - k2 500m

Silver - k1 1000m

Silver - k1 200m

Bronze - k1 1000m

Charlotte has also recently been selected for the Team GB Squad and we wish her all the best in the upcoming training camp out in Poland.



### FINN, YEAR 7—FOOTBALL

Congratulations to Finn who got to the final trial for the South Oxfordshire Football Team and has also been awarded players player for both his football teams this season; Rotherfield AFC & Dynamo Tekkers. Top work Finn! We look forward to seeing you out representing the school in goal again next season, too!





**The PE Department wishes you all a happy and healthy summer—keep active and we look forward to seeing you in September for more lessons, clubs and fixtures!**

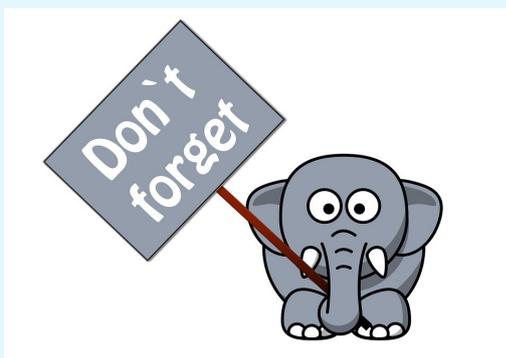


## PE KIT REMINDER

### PE Kit Reminder

The PE department have been really impressed with students PE kit this year, students have been, overall, great at remembering their PE kit and having the correct kit for PE lessons. But, it has been noticed that students have started to wear cycling shorts or black shorts/tracksuit bottoms and hoodies that are not navy blue.

So, as a reminder before you purchase new kit for the next academic year, please check the PE kit list.



## KIT LIST

### Physical Education & Games Kit

- Navy blue polo shirt (with logo embroidered – purchase from Stevensons)
- Navy blue shorts/skort
- Navy blue sports socks (outdoor PE lessons)
- White sports socks (indoor PE Lessons)
- Navy blue Microfleece/Jumper
- Navy blue tracksuit bottoms
- Non-marking trainers



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MECE PE