



Reades Lane, Sonning Common, Reading, RG4 9LN Tel: 0118 9721500

A MESSAGE FROM MR CALDWELL

"It is a great to be able to write this newsletter with so much to report on. For a small school and department we really feel our students have engaged so well in class and the extracurricular programme. It is really motivating for us to continue to offer opportunities and find new sports and activities for our students to engage in. We are always open to new ideas and support from the local community to offer exciting new activities. Whether you could offer Kick Boxing to Yoga, Running to Rowing, we are always open to new ideas!

To give a sense of the student engagement, we recently had our Key Stage 3 Inter House basketball competitions in lessons. We had 100% participation from year 7 to 9 which is fantastic, so everyone has contributed to their House achievements, well done to everyone for showing such a positive attitude towards their PE lessons.

Our Key Stage 4 House captains have led their Houses to plan and lead Inter House Netball, Bench Ball and Football this term.

We can't wait to see what our students will achieve this summer.

HOUES EVENT NEWS

Our inter-house competitions have been a huge success. Here are the results:

Football - Chiltern won

Badminton - Peppard won

Rowing - Chiltern won

Cross Country - Abbey won

Basketball - Thames won

CYCLING TRAINING & CLUB

Do you have a bicycle at home that is no longer used?

We have a Wahoo Kickr turbo trainer, but no bikes to put on it, can you donate an adult-sized road, mountain or hybrid bike? We will then set it up for students to use on the virtual reality platform, Zwift.

We are looking for a coach to help run a potential Mountain Biking Club—please email a.caldwell@maidenrleghtrust.org if you think you can help!

Can you help?



EXTRACURRICULAR

A busy extra curricular programme this term and lots more to come in the summer!

The girls Year 7 football team won the area league and came 3rd in the County tournament at Bicester, an amazing effort. Year 7 boys drew against Wheatley Park, Year 8 and 9 have fought well against Gillotts and Wheatley Park. Attendance and participation has been excellent and the boys have shown superb team spirit. Special mention to Tiernan, Kieran and Lucas in Year 10 for supporting our Year 7, 8 and 9 teams with coaching on match days.



Year 8 and 9 girls entered a rugby tournament at Abbey Rugby Club - it was the first time some had ever played contact rugby but they literally threw themselves into it, showing tremendous courage and skills. Tries by Eleanor L, Brooke and Dulcie capped excellent team work! Well done girls. Training for girls U14 is Tues evenings from 6.30pm and u16 on Friday evenings. A great local club to be involved with. Speak to Honey (10), Emily (11), or Lily G (8) about the club for more information.



Jeff from Henley Rowing Club has been leading weekly sessions with over 20 students attending and getting stuck in! We will be having our first group of students heading out onto the water with Henley Rowing Club this summer, which is very exciting. Watch this space for a future MECE PE regatta team, plenty of talent in this school! Special thanks to Helen Turnball at Henley Rowing Club and Mrs White for putting us in touch with the club, great things ahead.



NETBALL

It's been great to get back into netball this term, with a large number of students in attendance at Wednesday lunch club. In particular I have been impressed with the number of Year 8 students who have joined the club this year. A big thank you to Head Student Gabi who has been assisting with the club. It has been great to see so many students representing the school in netball fixtures. With a particularly exciting fixture for the Year 7 girls, who played exceptionally well in their first ever netball fixture over at Wallingford.



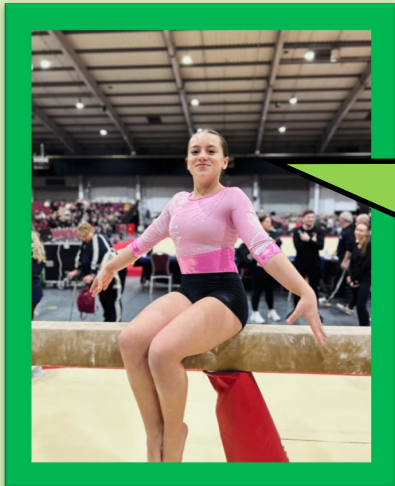
DANCE CLUB UP & RUNNING

In January we introduced dance club to the extra-curricular timetable. It has been lovely to see the dance studio back in action and a hive of activity. The club is open to all year groups and we currently have students from Year 7-10 in attendance. Year 9's Isaias and Imogen have been taking leadership of the club and have choreographed an amazing dance that they are currently teaching to their peers. I look forward to seeing how the dance comes together and I'm hopeful we can share it in a performance capacity, such as an assembly in the not so distant future!

GIRLS COACHING ACADEMY

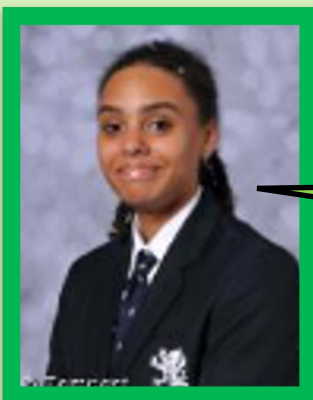
A number of our Year 9 girls have been taking part in the Oxfordshire Schools Girl's Coaching Academy. This course is designed to help girls develop their leadership skills, in order to empower other girls and encourage physical activity. It is fantastic to see the Year 9 students engage so well with the sessions and I look forward to them having the opportunity to put their learning into action.

MORE PE HIGHLIGHTS...



Renai has not been able to compete in an AA competition since 2022 due to injury, and has worked extremely hard to come back from this with the help of her physios and coach to get to the English Championships. Unfortunately, Renai tweaked her injury near the beginning of the day and the decision was made for her to not compete in the interest of keeping her injury free for the future. Renai has worked incredibly hard to get her skills back. We can't wait until your time comes so you can show everyone your true potential!

Charlotte in Year 11 got a special award and grant to help her compete at National and International competitions. We are excited to see what the future holds for you, Charlotte!



Lianna B in Year 10 gained another Gold and Silver at the English Tae Kwon Do championships.

Our own Mr Caldwell has qualified for the Great Britain Duathlon team - trail run and mountain biking—finishing 3rd in his age category at the Xterra qualifying event. H says that they are always on the lookout for other Duathletes (run and cycle) and Triathletes, so drop him an email for more info a.caldwell@maidenerleghtrust.org



MISS CHEESEMAN'S STUDENTS OF THE TERM



Isaias is my student of the term, for a number of reasons. Isaias' effort and engagement in PE lessons is always brilliant. It is also a joy to see Isaias lead the dance club with such enthusiasm and passion. Isaias really encompasses what it

means to be a MECE student.

Malia - it has been great to see such a positive shift in Malia's focus and engagement in BTEC Sport lessons over the last few months. It is clear that Malia's confidence in the subject is growing and this is reflected in the brilliant results she is achieving in her assessments.



MR CALDWELL'S STUDENTS OF THE TERM



Peter embodies the qualities we want to see in our students in PE and outside of the classroom. He is an excellent leader and role model, helping organise his House teams, check the Year 7 football team are organised and

coaching in class. He has represented the school in a range of sports and is showing great dedication to rowing at the moment. Well done Peter, keep up the great work.

Lucas has been attending some KS3 lessons to support our students. He has been an excellent role model, he engages really well with students, offering advice and support. He helps with coaching and officiating in lesson

time. He has also dedicated a lot of time with Tiernan and Kieran to coach our Year 7, 8 and 9 football teams. Thanks for your hard work this term Lucas.



Physical Education & Games Kit

- Navy blue polo shirt (with logo embroidered – purchase from Stevensons)
- Navy blue shorts/skort
- Navy blue sports socks (outdoor PE lessons)
- White sports socks (indoor PE Lessons)
- Navy blue Microfleece/Jumper
- Navy blue tracksuit bottoms
- Non-marking trainers

