


PARENT WEBINAR



Parents are the most important part of young people's lives and hold the key to helping them. Let us help you, to help them.



CAMHS

Child and Adolescent
Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR
PARENTS AND CARERS



SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD