

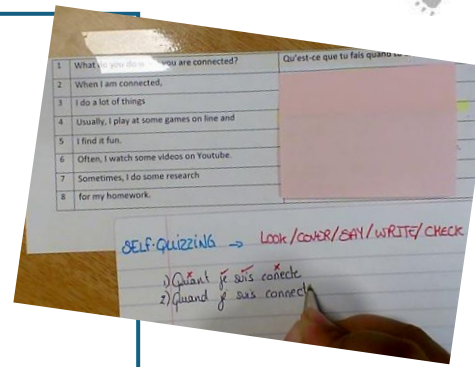
How to revise effectively



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CHILTERN EDGE

Quizzing yourself

1. Cover, check and repeat – don't cheat!
2. Have someone ask you questions based on the book/sheet/knowledge organiser
3. Use the Leitner system for your flashcards – quiz yourself or have someone quiz you. Put the cards you get right into a later box to review less frequently.
4. Use past papers as questions for self-quizzing. Do you know the answer without looking?



Daily learning habits:

1. Pick out the key terms/facts and write a summary of the information.
2. Or: Self quiz – can you remember what you learnt? Check and repeat.
3. Or/and: Read around the subject to strengthen your understanding
4. Create healthy habits eg sleep, exercise, mindfulness

Revision 'Don'ts'

- Don't let yourself get distracted – put your phone elsewhere and don't listen to music with lyrics
- Don't just read your notes – I promise, they won't get into your long-term memory



HEALTHY HABITS

Making notes

1. Brain dump – write down everything you know about the topic/issue.
2. Mind map – start with the title in the middle and section/sub-headings round the outside. Add in detail. Use colour/lines to organise and connect information.
3. Create flash cards with the question/key info on the front and the answer/detail on the back.
4. Create an infographic by transforming some of the text into pictures or a flow chart.
5. Create post-its to stick around the house!