



24 September 2025

Dear Parents and Carers

## **Re: Overview of Personal Development, RSE, and RE Provision**

At Maiden Erlegh Chiltern Edge, we are committed to fostering the personal wellbeing and development of our students. Our comprehensive Personal Development programme encompasses Personal, Social, Health and Economic (PSHE) education, including Relationships and Sex Education (RSE), Social, Moral, Spiritual and Cultural (SMSC) development, and Religious Education (RE). This curriculum equips students with the knowledge, skills, and attributes necessary to thrive in modern society.

### **Curriculum Overview**

Our Personal Development curriculum is structured around seven core themes:

1. Emotional Wellbeing
2. Citizenship and Community
3. Careers, Work Experience, and Work-Related Learning
4. British Values
5. Personal Health
6. Risk and Safety
7. Relationships and Sex Education (RSE)

All students have two hours of Personal Development lessons per fortnight.

Religious Education is delivered through the Religion & Philosophy curriculum. It is taught as a standalone subject at Key Stage 3 and delivered through the tutor programme at Key Stage 4.

### **Statutory Relationships and Sex Education and Religious Education**

In line with Department for Education statutory guidance, all secondary schools in England are required to deliver Relationships and Sex Education (RSE) and Religious Education (RE). Our lessons are age-appropriate, culturally sensitive, and tailored to meet the needs of all students, helping them develop safe, healthy relationships, a strong sense of personal wellbeing, and a secure understanding of religious and philosophical concepts.





**MAIDEN ERLEGH**  
CHILTERN EDGE

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Parents may request to withdraw their child from some aspects of RSE or from certain elements of the RE curriculum.

### Further Information

For details on our curriculum, please visit: [Personal Development - Maiden Erlegh Chiltern Edge](#) & [CURRICULUM STATEMENT - Maiden Erlegh Chiltern Edge](#)

For the statutory guidance, please see: [Relationships and sex education \(RSE\) and health education - GOV.UK](#) and [Religious education in local-authority-maintained schools - GOV.UK](#)

For any questions, please contact the Coordinator of Personal Development at [meceoffice@maidenerleghtrust.org](mailto:meceoffice@maidenerleghtrust.org).

Yours sincerely

Miss Cheeseman  
Assistant Headteacher  
Maiden Erlegh Chiltern Edge

