

Theme	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Term 1: Emotional Wellbeing</b>	<b>Transition, Person Qualities and Self Esteem</b> <ul style="list-style-type: none"> <li>Personal Strengths</li> <li>Confidence</li> <li>Self esteem</li> <li>Accepting and acting on feedback</li> <li>Personal circumstances and how these change</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Different types of relationships</li> <li>Relationships in different cultures</li> <li>Bullying</li> <li>Abusive Relationships</li> <li>Media vs Real Life</li> <li>Peer Pressure</li> <li>Consent</li> </ul>	<b>Mental Health</b> <ul style="list-style-type: none"> <li>Emotional and mental health</li> <li>Anxiety and depression</li> <li>Self-Harm</li> <li>Eating disorders</li> <li>Triggers</li> <li>Coping strategies</li> </ul>	<b>Exam Preparation</b> <ul style="list-style-type: none"> <li>Revision Techniques</li> <li>Revision Plan</li> <li>Managing Stress</li> <li>Mind mapping</li> </ul>	<b>Exam Preparation</b> <ul style="list-style-type: none"> <li>Revision Techniques</li> <li>Revision Plan</li> <li>Managing Stress</li> <li>Mind mapping</li> </ul>
<b>Term 2: Careers, Work Experience and Work Related Learning</b>	<b>Enterprise Opportunity</b> <ul style="list-style-type: none"> <li>Ambition</li> <li>Enterprise</li> <li>Identifying opportunities</li> <li>Business Skills – marketing, risk, etc.</li> <li>Employment Laws</li> </ul>	<b>Work Role and Career Pathways</b> <ul style="list-style-type: none"> <li>Strengths and Weaknesses</li> <li>Career Pathways</li> <li>Local Labour market</li> <li>Support</li> </ul>	<b>Reputation and Personal Brand</b> <ul style="list-style-type: none"> <li>Personal brand</li> <li>Online presence and reputation</li> <li>Effects of gambling</li> <li>Consumer power</li> <li>Young consumer</li> </ul>	<b>Preparation for Work</b> <ul style="list-style-type: none"> <li>Employment skills</li> <li>Interviews</li> <li>Education, work and apprenticeships</li> <li>Curriculum Vitae</li> <li>Application Forms</li> </ul>	<b>Your Rights @ Work!</b> <ul style="list-style-type: none"> <li>Harassment</li> <li>Employer and employee responsibilities</li> <li>Unions</li> <li>Customer services</li> <li>Corporate brand</li> <li>Careers interviews</li> </ul>
<b>Term 3: British Values</b>	<b>Family and Introduction to British Values</b> <ul style="list-style-type: none"> <li>Different relationships</li> <li>Nature of and importance of relationships</li> <li>Marriage and Civil Partnerships</li> <li>Forces Marriage</li> <li>Being a carer</li> <li>When relationships change</li> <li>Extremism</li> </ul>	<b>Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith</b> <ul style="list-style-type: none"> <li>British Values</li> <li>British Identity</li> <li>Multicultural Britain</li> <li>Immigration and Emigration</li> <li>Celebration different cultures</li> </ul>	<b>Individual Liberty and Rights</b> <ul style="list-style-type: none"> <li>Human rights</li> <li>Rights of the child</li> <li>Stereotypes</li> <li>Prejudice</li> <li>Discrimination</li> <li>Equality</li> </ul>	<b>The Rule of Law</b> <ul style="list-style-type: none"> <li>Law, crime and punishment</li> <li>Going to court</li> <li>Real cases</li> <li>Antisocial behaviour</li> <li>ASBO</li> </ul>	<b>Democracy</b> <ul style="list-style-type: none"> <li>Structure of government</li> <li>Political parties</li> <li>Manifestos</li> <li>Elections</li> </ul>
<b>Term 4:</b>	<b>Personal Values</b>	<b>Behaviour and Communication</b>	<b>Place in the Local Community</b>	<b>Extremism and Tolerance</b>	<b>Mental Health Awareness.</b>

<b>Citizenship and Community</b>	<ul style="list-style-type: none"> <li>• Setting personal targets</li> <li>• Challenge</li> <li>• Values</li> <li>• Learner identity</li> <li>• Study skills</li> </ul>	<ul style="list-style-type: none"> <li>• Positive relationships</li> <li>• Communication</li> <li>• Debating</li> <li>• Team working</li> <li>• Negotiation</li> <li>• Conflict resolution</li> </ul>	<ul style="list-style-type: none"> <li>• Diversity</li> <li>• Ethnicity</li> <li>• Religion</li> <li>• Visible and invisible disability</li> </ul>	<ul style="list-style-type: none"> <li>• Discrimination and bigotry</li> <li>• Extremism</li> <li>• Radicalisation</li> <li>• Role of communities</li> <li>• Cults</li> <li>• Accessing support</li> </ul>	
<b>Term 5: Personal Health</b>	<b>Self-Care</b> <ul style="list-style-type: none"> <li>• Personal Hygiene</li> <li>• Immunisations and Vaccinations</li> <li>• Physical activity and exercise</li> <li>• Puberty, the physical and emotional implication</li> <li>• Peer pressure</li> <li>• Balance between work, leisure and exercise</li> <li>• Gender and Sexuality</li> </ul>	<b>Drugs and Sex</b> <ul style="list-style-type: none"> <li>• Legal and illegal drugs</li> <li>• Law relating to drugs</li> <li>• Peer Pressure</li> <li>• Puberty &amp; Masturbation</li> <li>• FGM</li> <li>• Sexual Images and Pornography</li> </ul>	<b>Cosmetic Surgery &amp; Sex</b> <ul style="list-style-type: none"> <li>• Male and female body image and Media vs. real life</li> <li>• Body piercing; Sun Lamps, Tattoos, Cosmetic surgery</li> <li>• Contraception and protection</li> <li>• Teen pregnancy</li> </ul>	<b>Sex</b> <ul style="list-style-type: none"> <li>• Sex and the media</li> <li>• Consent, respect and boundaries</li> <li>• Pornography</li> <li>• Impact of drugs and alcohol on behaviour</li> <li>• Harassment – What makes a relationship healthy/unhealthy.</li> <li>• Stalking</li> <li>• Faith and beliefs</li> </ul>	<b>Coping with exam stress.</b>
<b>Term 6: Risk and Safety</b>	<b>Road and Cycle Safety (including First Aid)</b> <ul style="list-style-type: none"> <li>• Road and cycle safety</li> <li>• Use of mobile phone whilst walking</li> <li>• Managing risk – entering derelict buildings, swimming in a lake, etc.</li> <li>• First aid and life-saving skills</li> </ul>	<b>e-Safety</b> <ul style="list-style-type: none"> <li>• Sharing images</li> <li>• The law</li> <li>• Power of sharing</li> <li>• Sexting</li> <li>• Online gaming</li> <li>• Kayleigh's Love Story</li> <li>• Grooming</li> </ul>	<b>Healthy Relationships</b> <ul style="list-style-type: none"> <li>• Healthy relationships and how will I know if I am ready</li> <li>• STI's the Facts</li> <li>• Forces marriage</li> <li>• Honour based violence</li> <li>• Ending relationships</li> <li>• Gangs</li> </ul>	<b>Parenting &amp; Sex</b> <ul style="list-style-type: none"> <li>• Teenage pregnancy</li> <li>• Safe Sex: how to make choices about contraception</li> <li>• How to manage relationship breakdowns</li> <li>• Having a baby/ Parenting</li> </ul>	<b>GCSE Exam Period</b>

			<ul style="list-style-type: none"><li>• Knife Crime</li></ul>	<ul style="list-style-type: none"><li>• Abortion</li><li>• IVF, Adoption and Fostering</li><li>• Dating in the 21<sup>st</sup> century: can you be safe online/ is sex portrayed accurately in the media?</li></ul>	
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