

Theme	Year 7	Year 8	Year 9	Year 10	Year 11
Term 1: Emotional Wellbeing	Transition, Person Qualities and Self Esteem <ul style="list-style-type: none"> Personal Strengths Confidence Self esteem Accepting and acting on feedback Personal circumstances and how these change 	Relationships <ul style="list-style-type: none"> Different types of relationships Relationships in different cultures Bullying Abusive Relationships Media vs Real Life Peer Pressure Consent 	Mental Health <ul style="list-style-type: none"> Emotional and mental health Anxiety and depression Self Harm Eating disorders Triggers Coping strategies 	Cosmetic Surgery <ul style="list-style-type: none"> Male and female body image Media vs. real life Body piercing Tattoos Sun Lamps Cosmetic surgery 	Sex <ul style="list-style-type: none"> Sex and the media Consent, respect and boundaries Pornography Impact of drugs and alcohol on behaviour Harassment Stalking Faith and beliefs
Term 2: Citizenship and Community	Personal Values <ul style="list-style-type: none"> Setting personal targets Challenge Values Learner identity Study skills 	Behaviour and Communication <ul style="list-style-type: none"> Positive relationships Communication Debating Team working Negotiation Conflict resolution 	Place in the Local Community <ul style="list-style-type: none"> Diversity Ethnicity Religion Visible and invisible disability 	Extremism and Tolerance <ul style="list-style-type: none"> Discrimination and bigotry Extremism Radicalisation Role of communities Cults Accessing support 	Exam Preparation <ul style="list-style-type: none"> Revision Techniques Revision Plan Managing Stress Mindmapping
Term 3: Careers, Work Experience and Work Related Learning	Enterprise Opportunity <ul style="list-style-type: none"> Ambition Enterprise Identifying opportunities Business Skills – marketing, risk, etc. Employment Laws 	Work Role and Career Pathways <ul style="list-style-type: none"> GCSE Options Strengths and Weaknesses Career Pathways Local Labour market Support 	Reputation and Personal Brand <ul style="list-style-type: none"> Personal brand Online presence and reputation Effects of gambling Consumer power Young consumer 	Preparation for Work <ul style="list-style-type: none"> Employment skills Interviews Education, work and apprenticeships Curriculum Vitae Application Forms 	Your Rights @ Work! <ul style="list-style-type: none"> Harassment Employer and employee responsibilities Unions Customer services Corporate brand Careers interviews
Term 4: British Values	Family and Introduction to British Values <ul style="list-style-type: none"> Different relationships Nature of and importance of relationships Marriage and Civil Partnerships Forces Marriage Being a carer 	Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith <ul style="list-style-type: none"> British Values British Identity Multicultural Britain Immigration and Emigration Celebration different cultures 	Individual Liberty and Rights <ul style="list-style-type: none"> Human rights Rights of the child Stereotypes Prejudice Discrimination Equality 	The Rule of Law <ul style="list-style-type: none"> Law, crime and punishment Going to court Real cases Antisocial behaviour ASBO 	Democracy <ul style="list-style-type: none"> Structure of government Political parties Manifestos Elections

	<ul style="list-style-type: none"> When relationships change 				
Term 5: Personal Health	Self-Care <ul style="list-style-type: none"> Personal Hygiene Immunisations and Vaccinations Physical activity and exercise Peer pressure Balance between work, leisure and exercise 	Drugs <ul style="list-style-type: none"> Legal and illegal drugs Law relating to drugs Peer Pressure 	Illegal Drugs <ul style="list-style-type: none"> Risks of drugs Dependence Addiction Alcohol Cannabis Legal Highs Accessing help and support 	Impact of drugs <ul style="list-style-type: none"> Short term and long term consequences of substance misuse Family Homelessness Second hand smoke Crime – County Lines 	Managing Exam Stress and GCSE Exams
Term 6: Risk and Safety	Road and Cycle Safety (including First Aid) <ul style="list-style-type: none"> Road and cycle safety Use of mobile phone whilst walking Managing risk – entering derelict buildings, swimming in a lake, etc. First aid and life saving skills 	e-Safety <ul style="list-style-type: none"> Sharing images The law Power of sharing Sexting Online gaming Kayleigh’s Love Story Grooming 	Healthy Relationships <ul style="list-style-type: none"> Healthy relationships Forces marriage Honour based violence Ending relationships Gangs Knife Crime 	Parenting <ul style="list-style-type: none"> Teenage pregnancy Having a baby Parenting Abortion IVF, Adoption and Fostering 	GCSE Exam Period