



MAIDEN ERLEGH

CHILTERN EDGE

NEW FUSION TO FRESH
TASTY & CRUNCHY
DELICIOUS

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|--|---|---|---|--|
| Meat Main | Spaghetti bolognaise with salad | Baked chicken 'Parmigiana' with paprika potatoes & seasonal vegetable | Pork sausages with mashed potatoes, roast carrots & pan gravy | Sweet and sticky Vietnamese chicken served with sweetcorn and rice | Oven baked Breaded Catch of the Day with chipped potatoes & garden peas |
| Vegetarian Main | Lentil and tomato Ragu with whole wheat penne pasta and salad | Vegetarian Sausages Yorkshire pudding Paprika potatoes & garden peas | Veggie cottage pie with a sweet potato top, carrots & pan gravy | Squash, chick pea and coconut curry with rice & naan bread | Oven baked Vegetable burger in a bun served with chipped potatoes and peas |
| Dessert of the Day | Vegetarian strawberry jelly or fruit pot | Fresh fruit salad | Yoghurt pot or fresh fruit pot | Lemon drizzle cake or fresh fruit salad pot | Selection of cakes, yogurts or fresh fruit pot |
| Grab 'n' Go | Chicken tikka in a folded naan with salad | Beef burritos | Pasta pot with a tomato and basil sauce | Pulled pork in a brioche bun served with salad | Chilli beef pot served with rice |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meat Main | Macaroni cheese with ham Served with home made herby bread and green beans | Chicken chow Mein served with Chinese vegetables | Roast Turkey Roast potatoes, cauliflower and pan gravy | Beef lasagne served with salad or vegetables | Baked Southern style chicken burger Served in a bun with chipped potatoes & peas |
| Vegetarian Main | Macaroni cheese served with home made herby bread and green beans | Bean chilli served with brown rice, sour cream and salad | Vegetable wellington, Roast potatoes & carrots & pan gravy | Haloumi and roasted veg flat bread served with new potatoes, mint dressing and mixed leaf salad | Meatless succulent sausage hot dog with chips & peas |
| Dessert of the Day | Chocolate & pear sponge with chocolate sauce | Yoghurt pot or fruit pot | Chocolate mousse or fresh fruit pot | Berry crumble with custard | Selection of cakes, yoghurt or fresh fruit salad |
| Grab 'n' Go | Chicken katsu curry with rice | cheese panini with salad | Sweet chilli vegetable egg noodle pot | Bbq chicken in a brioche bun | Mediterranean chicken with rice |

Our menu provides a variety of dishes made from quality ingredients, cooked onsite for the optimum taste experience

A selection of sandwiches, baguettes and Jacket Potatoes are offered daily in addition to the main meals



| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|---|--|--|--|---|
| Meat Main | Teriyaki chicken skewers served with rice and salad | Cottage pie served with seasonal vegetables | Cajun spiced turkey fillet with herby new potatoes and sweetcorn | Beef and tomato pesto pasta served with salad | Baked panko coated fish cakes served with chipped potatoes and peas |
| Vegetarian Main | Roast vegetable whole wheat pasta bake topped with cheese served with salad | Carrot and bean pie served with mash and seasonal vegetables and gravy | Quorn meatloaf served with sweetcorn, herby new potatoes and gravy | Winter vegetable stew served with brown rice | Bean burger with chipped potatoes, peas and salsa |
| Dessert of the Day | Cheesecake or fresh fruit pots | Vanilla ice cream | Layered fruit yogurt or fresh fruit pot | Jam sponge & custard or fresh fruit pot | Selection of cakes, yogurts or fresh fruit pot |
| Grab 'n' Go | Beef bolognaise pasta pot | Slow roasted pork and apple flat bread served with salad | Ham and cheese panini served with Salad | Macaroni pasta pot | Peri Peri chicken rice pot |
| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meat Main | Chicken pasta bake topped with cheese served with salad | Steak pie with mash potatoes and seasonal vegetables | Sausage meatballs in a tomato sauce with brown rice and broccoli | Roast chicken Roast potatoes, carrots and onion gravy | Burger in a Bun Chipped potatoes, peas or coleslaw |
| Vegetarian Main | Roasted squash lasagne Served with salad | Sweet butternut and chick pea patty served with mash and seasonal veg | Vegetarian egg noodles with Chinese vegetables and hoi sin sauce | Home made cheesy vegetable puff, roast potatoes, carrots and gravy | Veggie Glamorgan sausages with chipped potatoes and beans or peas |
| Dessert of the Day | Carrot cake with custard or fresh fruit pot | Peach tart | Apple pie served with custard or fresh fruit pot | Strawberry jelly or fresh fruit pot | Selection of cakes, yogurts or fresh fruit pot |
| Grab 'n' Go | Chinese five spiced pork with rice | Creamy tomato pasta pot | Baked crunchy chicken wrap served with pesto mayo and salad | Mexican beef and rice pot | Fish burger in a bun with tartare sauce |

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