



## SCHOOL MEALS

#### **School Meals**

All students have the option of purchasing food in the Canteen during their mid-morning break and their lunch time break. At lunch time we offer a 'meal of the day' together with a choice of snacks including jacket potatoes, wraps and salads. The school website has details of our current menu.

If your son/daughter is eligible for Free School Meals, you will need to complete the relevant form which is contained in this pack. Once this has been processed your son/daughter will then be able to access the 'meal of the day' or snack to the equivalent value.

A price list for the autumn term will be available on the school website before the start of term so that you can judge how much your son/daughter will be spending. The usual amount for a meal is about £3.00.

### **Guidelines for Packed Lunches**

In line with most schools, we ask that students do not bring in food containing nuts (e.g peanut butter) as we have several students with nut allergies. We would also encourage a healthy choice of food to match the healthy options we aim to provide for pupils buying a meal.

### **Drinking Water**

Drinking water is available in the Canteen and students are encouraged to bring in a plastic water bottle for use throughout the day. There are healthy option drinks available to purchase as well. No cans or glass bottles should be brought into school.

# **Feedback**

Students are encouraged to feed back to the school about all aspects of the snack break. This is normally done through the year group representatives on the School Council.