

OVERVIEW

Maiden Erleigh Chiltern Edge Physical Education curriculum is designed to inspire and engage all students and is devoted in allowing students to unlock their potential through sport, exercise and physical activity. At MECE we have developed a reputation for supporting and encouraging all of our students to participate consistently and enthusiastically during curriculum time and establish healthy active lifestyles outside the taught curriculum.

All students have 2 lessons per week and activities change every half term and cover a wide variety of sports and activities.

ASSESSMENT OBJECTIVES

Students are graded using the GCSE criteria for each activity. They build up the levels from 0-9.

ASSESSMENT STRUCTURE

Students will undertake a practical assessment at the end of every half term. Performance and capabilities are judged against performance indicators. Once a half term student will undertake a homework task on keywords which will have been taught within the lessons for that half term.

GROUPINGS

Single/mixed sex and mixed ability groups. This is dependent upon the timetable.

HOMEWORK INFORMATION

Students will begin to learn and understand key terminology from the GCSE/BTEC PE specification and these will be set as homework on a half termly basis.

ENRICHMENT OPPORTUNITIES

Students are encouraged to participate in sporting clubs as extra-curricular activities both at lunch time and after school. This includes fixtures and tournaments which take place outside the school day.

The extra-curricular timetable can be found on the school website, within the PE department, tutor rooms and are sent home to parents.

EQUIPMENT NEEDED

Students require the following equipment over the course of the year – all named.

Navy blue polo shirt

Navy blue contact shirt – boys only

Navy Blue fleece – girls only

Navy blue shorts/tracksuit bottoms/Skort (girls)

Navy blue football/rugby socks

White sport ankle socks

Sports trainers (not canvas shoes)

Football boots

Shin pads

Gum shield* – recommended for contact rugby/hockey

Students should change into PE kit for every lesson (even when excused) and ensure that a note is provided in the event of needing to be excused.

HOW CAN PARENTS SUPPORT THEIR CHILDREN?

Encourage your child to lead an active and healthy lifestyle by attending sports clubs both within school and outside of school.

Support your child to make sure they have the correct kit for every PE lesson.

USEFUL ONLINE INFORMATION/ONLINE RESOURCES

BBC Bitesize - <https://www.bbc.com/education/examspecs/zp49cwx>

Twitter - @ChilternEdgePE

Instagram - @MECE PE

TEXTBOOKS OR REVISION GUIDES

AQA GCSE (9-1) PE – Ross Howitt and Mike Murray

ISBN: 978-147-1-85952-6

CONTACTS / ANY FURTHER INFORMATION

Curriculum Leader: Mr D Hunter

TERM	COURSE CONTENT: Knowledge and skills		
	Year 7	Year 8	Year 9
1, 2, 3, 4, 5,6	<p>Students are able to experience a selection of both traditional games and alternative modern activities including:</p> <p>Rugby Football Netball Hockey Fitness Badminton Handball Gymnastics Basketball Cricket Rounders Athletics Trampolining Softball</p>	<p>Students are able to experience a selection of both traditional games and alternative modern activities including:</p> <p>Rugby Football Netball Hockey Fitness Badminton Handball Basketball Cricket Rounders Athletics Trampolining Softball</p>	<p>Students are able to experience a selection of both traditional games and alternative modern activities including:</p> <p>Rugby Football Netball Hockey Fitness Badminton Handball Basketball Cricket Rounders Athletics Trampolining Softball</p>
ASSESSMENT OPPORTUNITIES	Ongoing throughout, but final practical assessment at the end of every half term.	Ongoing throughout, but final practical assessment at the end of every half term.	Ongoing throughout, but final practical assessment at the end of every half term.