



OVERVIEW

Maiden Erlegh Chiltern Edge Physical Education curriculum is designed to inspire and engage all students and is devoted in allowing students to unlock their potential through sport, exercise and physical activity. At MECE we have developed a reputation for supporting and encouraging all of our students to participate consistently and enthusiastically during curriculum time and establish healthy active lifestyles outside the taught curriculum.

All students have 2 lessons per week and activities change every half term and cover a wide variety of sports and activities.

ASSESSMENT

No formal assessment takes place during KS4 Core PE lessons but an effort/attitude to learning comment will be issued. If a student has taken GCSE PE or BTEC Sport then core PE lessons may be used as an opportunity to assess those students practically.

GROUPINGS

Mixed ability and mixed sex. This is dependent upon the timetable and options chosen.

ENRICHMENT OPPORTUNITIES

Students are encouraged to participate in sporting clubs as extra-curricular activities both at lunch time and after school. This includes fixtures and tournaments which take place outside the school day.

The extra-curricular timetable can be found on the school website and within the PE department.

EQUIPMENT NEEDED

Students require the following equipment over the course of the year – all named.

Navy Blue polo shirt

Navy Blue contact shirt – boys

Navy Blue Fleece - Girls

Navy Blue shorts/tracksuit bottoms/Skort (Girls)

Navy blue football/rugby socks

White ankle sport socks

Sports trainers (not canvas shoes)

Football boots

Shin pads

Gum shield* – recommended for contact rugby/hockey

Students should change into PE kit for every lesson (even when excused) and ensure that a note is provided in the event of needing to be excused.

HOW CAN PARENTS SUPPORT THEIR CHILDREN?

Encourage your child to lead an active and healthy lifestyle by attending sports clubs both within school and outside of school.

Support your child to make sure they have the correct kit for every PE lesson.

USEFUL ONLINE INFORMATION/ONLINE RESOURCES

BBC Bitesize - <https://www.bbc.com/education/examspecs/zp49cwx>

Twitter - @ChilternEdgePE

Instagram - @MECEPE

TEXTBOOKS OR REVISION GUIDES

AQA GCSE (9-1) PE – Ross Howitt and Mike Murray

ISBN: 978-147-1-85952-6

CONTACTS / ANY FURTHER INFORMATION

Curriculum Leader: Mr D Hunter

TERM	COURSE CONTENT: Knowledge and skills	
	Year 10	Year 11
1, 2, 3, 4, 6	<p>Students will continue with some programmes of study from KS3. The main purpose in the selection of these activities is to support GCSE attainment. However, they will also offer greater variety to students and hopefully stimulate greater enjoyment of their experiences with us.</p> <p>Students, where possible will get a choice of pathway which they will stay on for the whole term. Pathways – Traditional games, Alternative games, Leadership, and Fitness Development.</p> <p>Examples of sports/activities used:</p> <ul style="list-style-type: none"> Rugby Football Netball Hockey Fitness Badminton Handball Basketball Cricket Rounders Athletics Trampolining Softball Lacrosse Ultimate frisbee Dodgeball Dance 	<p>Students will continue with some programmes of study from KS3. The main purpose in the selection of these activities is to support GCSE attainment. However, they will also offer greater variety to students and hopefully stimulate greater enjoyment of their experiences with us.</p> <p>Students, where possible will get a choice of pathway which they will stay on for the whole term. Pathways – Traditional games, Alternative games, Leadership and Fitness Development.</p> <p>Examples of sports/activities used:</p> <ul style="list-style-type: none"> Rugby Football Netball Hockey Fitness Badminton Handball Basketball Cricket Rounders Athletics Trampolining Softball Lacrosse Ultimate frisbee Dodgeball Dance
ASSESSMENT OPPORTUNITIES	No formal assessment at KS4 Core PE but an attitude to learning/effort grade will be submitted.	No formal assessment at KS4 Core PE but an attitude to learning/effort grade will be submitted