



16 November 2020

Dear Parent/Guardian

Pastoral Day – Friday 20 November

On Friday 20th November, the normal school timetable will be replaced with a ‘Pastoral Day’. This will mean that students will take part in a variety of age appropriate sessions considering different aspects of health, wellbeing and for Year 11 students, post 16 options.

The themes for the day are shown below:

Year 7	Year 8	Year 9	Year 10	Year 11
Social Media and online Safety (x 2 sessions)	Odd One Out - Documentary	Odd One Out - Documentary	Mental Health (x2 sessions)	Exam Stress
Anti-Bullying / British Values	Online Safety	Peer Pressure	Exam Stress	How to speak to an employer
Odd One Out - Documentary	Drugs and the Law	Consent (x 2 sessions)	Odd One Out - Documentary	How to dress for Interviews
Mindfulness	Addiction	Mindfulness	Mindfulness	Mindfulness
Girls – Period Poverty Boys – boys’ mental health	Mindfulness	Girls – Period Poverty Boys – boys’ mental health	Girls – Period Poverty Boys – boys’ mental health	Girls – Period Poverty Boys – boys’ mental health
	Girls – Period Poverty Boys – boys’ mental health			Post-16 Options – U Explore

You may have seen information regarding the documentary ‘Odd One Out’ by Jesy Nelson, who is a member of the girl band Little Mix. This is a powerful documentary, available on BBC Iplayer, regarding social media, and the effects of trolling. The documentary has a parental guidance disclaimer on BBC Iplayer as there are occasional swear words. I feel the educational benefits of watching this documentary and discussing the important topic outweigh these isolated examples of foul language. Should you wish to read further about this, please see the link <https://www.bbc.co.uk/iplayer/episode/p07l5r4d/jesy-nelson-odd-one-out>.

Throughout the day, a number of hard-hitting topics will be covered, as we feel this is important in ensuring every child understands wider issues, and that as professionals we educate them

in understanding these topics, to ultimately protect them in what can now be a difficult world to grow up in.

Students will be required to wear full school uniform for this day.

This day proves to be an exciting, fun filled and thought-provoking day for all. This will enable students to have a better understanding of the wider world, making them less vulnerable and more able to easily identify situations that put themselves or others in danger.

Should you wish to discuss any aspects of this day further, please do not hesitate to contact me on n.benham1@maidenerleghtrust.org

Yours sincerely



Mrs N Benham

Assistant Headteacher